



Summer 2022 Youth Soccer Camp

Camp Dates and Times:

June 20th - 24th 2022

U6 thru U15

8:30AM to 11:40AM

Cost (includes t-shirt):

\$140 per Camper
or \$125 per camper with one or more
siblings

Head Instructor

Eric Lamboy

Bishop Verot High
School
Girls Varsity Soccer Head
Coach



Coaching Qualifications:

- 18+ years coaching in SWFL
- '20 & '22 Bishop Verot Girls Soccer 3A District Champions
- '22 Bishop Verot Girls Soccer Regional Semi Finalist
- FYSA Olympic Development Program (ODP) Coaching Staff
- USSF National C License
- NSCAA Regional & Advanced
- Regional Youth Diploma
- NSCAA State & Regional
- Goalkeeping License
- Grassroots soccer

Staff

Danny Vasquez

- Bishop Verot High School Boys Varsity Soccer Head Coach
- USSF National B License
- 3 years coaching experience in Northern California U4 - U18 boys & girls
- Olympic Development Program (ODP) coaching staff for CalNorth
- Training experience at D1 Universities

Staff

Taylor Marinell

- Bishop Verot High School Girls Varsity Soccer Assistant Coach
- Former D1 College Soccer Player

Daily Camp Schedule

8:30 – 8:45 Welcome/Roll call/Review of activities

8:45 – 9:20 Technical Warm-ups/Speed/Agility/
Quickness activities

10 Minute Break

9:30 – 10:10 Passing and Receiving activities/
Goalkeeper techniques/ Striking to goal activities

15 Minute Break/Snack Time

10:25 – 10:50 Defensive and Offensive Principles
of Play

10 Minute Break

11:00 – 11:30: Small sided games / Full sided
games / Free play

11:40AM: Dismissal.

**Water Breaks will be done throughout the day
accordingly aside of the activity breaks done as a
group*

Payment Information and Medical Waiver

MatchFitTraining Youth Soccer Summer Camp Application

Please return this Camp Application to MatchFitTrainingllc@gmail.com
Questions? Feel Free to Email Eric Lamboy at MatchFitTrainingllc@gmail.com

All payments will be accepted first day of camp!

Cash or Checks Accepted - All checks made out to: **Eric Lamboy**
Fees: \$140.00 per camper (individual) - \$125.00 per camper (one or more siblings)
*Walkup registration begins at 8am: \$140.00

NAME _____ SCHOOL _____

All registration fees are non-refundable once camp begins.

GRADE (FALL 2022) _____

ADDRESS (WITH ZIP) _____

AGE: _____ Shirt Size: _____ E-MAIL ADDRESS: _____

MEDICAL CONDITIONS:

Emergency Contact Name/Relationship/Phone #'s (please list more than one):

PARENTAL PERMISSION WAIVER: I hereby authorize the agents of the MatchFitTraining Soccer Camp to act in my behalf using their best judgment in any emergency, including medical emergency. I hereby waive and release the camp, its employees, directors, sponsors, suppliers, and facilities from any and all liability for illness and injury incurred while attending camp. I know of no mental or physical problems that might adversely affect my child's ability to participate in this camp. I have read the MatchFitTraining Soccer Camp brochure and agree to its terms and conditions.

PARENT/GUARDIAN PRINT NAME: _____

PARENT/GUARDIAN SIGNATURE: _____

DATE: _____



CAMP OBJECTIVES:

The Youth Soccer Camp is geared to improve each camper's overall soccer skills and understanding of the game. We will cover technical and tactical fundamentals in soccer; with much emphasis on the proper mechanics of dribbling, passing, receiving, shooting and goalkeeping.

CAMP FACILITIES:

Youth Soccer Camp will be conducted on the Bishop Verot Football Stadium. Additional grass practice fields will be used as necessary as well as indoor facilities in case of inclement weather.

CAMP PARTICIPANT ESSENTIALS:

T-shirt, shorts, soccer cleats, shin guards and tennis shoes. A backpack with sunscreen, snacks, water jug/drinks, and a SOCCERBALL!

***We also recommend having an extra set of clothes and a towel in campers backpacks.*

CAMP STAFF:

The camp consists of MatchFitTraining soccer staff and SWFL Coaches.